



Dear _____

Since I last saw you I've been told that I have Chlamydia. It's an infection that's passed on through sex. So, you might have this infection too.

Even if you don't have any symptoms you can still have the infection. The only way to be sure you are OK is to get tested and treated by your doctor. The treatment is easy and effective.

It's important to get checked because, if left untreated, Chlamydia can cause long-term health problems such as infertility.

I've included a fact sheet on Chlamydia and a letter you can take along to your doctor
If you want to know more you can visit this website

www.letthemknow.org.au/partners.html

If you live in NSW call the **Sexual Health Infoline** on 1800 451 624 to speak to a sexual health nurse.

If you live in Queensland visit the **Queensland Department of Health Sexual Health**

Sorry to give you this news but I'm concerned about your health and I thought it was better that you knew.

Regards



Dear Doctor

A partner of your patient has tested positive for Chlamydia trachomatis. We recommend your patient is tested and treated as soon as possible. Your patient should be treated presumptively today, without waiting for their test result, so that treatment is completed even if the test is negative.

Testing for other STIs such as gonorrhoea, syphilis and HIV may also be indicated.

The current recommendations for treatment of uncomplicated C. trachomatis are:

- Azithromycin 1g as a single oral dose^{1,2}
or
- Doxycycline 100 mg bd for 7 days^{1,2}

Chlamydial infection is often asymptomatic and there may be no abnormality found on examination.

A repeat test to exclude re-infection is recommended 3 months after treatment.

If you practice in Victoria you can contact a sexual health physician to discuss this infection or to arrange for your patient to be tested or visit www.mshc.org.au

For more information please visit www.mshc.org.au

If you live in NSW visit **[Sexually Transmissible Infections \(STIs\) and Blood Borne Viruses \(BBVs\) Factsheets - NSW Department of Health](#)** or ring the **[NSW Sexual Health Infoline](#)** on 1800 451 624.'

If you live in Qld visit **[Qld Department of Health Sexual Health Website](#)**

¹. State of Victoria: Therapeutic Guidelines Antibiotic. Version eTG Complete 2014 available from the Therapeutic Guidelines Limited web site - www.tg.com.au

². Sexually Transmitted Diseases Treatment Guidelines 2015; MMWR 2015, 64 available from the Centers for Disease Control and Prevention web site - www.cdc.gov