



Dear Doctor

A partner of your patient has had a positive test for *Trichomonas vaginalis*. We recommend that your patient is treated without delay, and that treatment for *Trichomonas vaginalis* is completed even if their test is negative. Testing for other STIs such as Chlamydia, gonorrhoea, syphilis and HIV may also be indicated.

The current recommendations for treatment of uncomplicated *Trichomonas vaginalis* are

- Metronidazole 2 g orally in a single dose<sup>1,2</sup>

**OR**

- Tinidazole 2 g orally in a single dose<sup>1,2</sup>

*Trichomonas vaginalis* infection is often asymptomatic and there may be no abnormality found on examination.

A repeat test to exclude re-infection is recommended 3 months after treatment.

For more information you can contact a sexual health physician to discuss this infection or arrange for your patient to be tested.

**For more information please visit [www.mshc.org.au](http://www.mshc.org.au)**

**If you live in NSW visit [Sexually Transmissible Infections \(STIs\) and Blood Borne Viruses \(BBVs\) Factsheets - NSW Department of Health](#) or ring the [NSW Sexual Health Infoline](#) on 1800 451 624.<sup>3</sup>**

**If you live in Qld visit [Qld Department of Health Sexual Health Website](#)**

<sup>1</sup> State of Victoria: Therapeutic Guidelines Antibiotic. Version eTG Complete 2014 available from the Therapeutic Guidelines Limited web site - [www.tg.com.au](http://www.tg.com.au)

<sup>2</sup> Sexually Transmitted Diseases Treatment Guidelines 2015; MMWR 2015, 64 available from the Centers for Disease Control and Prevention web site - [www.cdc.gov](http://www.cdc.gov)