



Dear Doctor

A partner of your patient has tested positive for Chlamydia trachomatis. We recommend your patient is tested and treated as soon as possible. Your patient should be treated presumptively today, without waiting for their test result, so that treatment is completed even if the test is negative.

Testing for other STIs such as gonorrhoea, syphilis and HIV may also be indicated.

The current recommendations for treatment of uncomplicated C. trachomatis are:

- Azithromycin 1g as a single oral dose<sup>1,2</sup>  
or
- Doxycycline 100 mg bd for 7 days<sup>1,2</sup>

Chlamydial infection is often asymptomatic and there may be no abnormality found on examination.

A repeat test to exclude re-infection is recommended 3 months after treatment.

If you practice in Victoria you can contact a sexual health physician to discuss this infection or to arrange for your patient to be tested or visit [www.mshc.org.au](http://www.mshc.org.au)

**For more information please visit [www.mshc.org.au](http://www.mshc.org.au)**

If you live in NSW visit **[Sexually Transmissible Infections \(STIs\) and Blood Borne Viruses \(BBVs\) Factsheets - NSW Department of Health](#)** or ring the **[NSW Sexual Health Infoline](#)** on 1800 451 624.'

If you live in Qld visit **[Qld Department of Health Sexual Health Website](#)**

<sup>1</sup>. State of Victoria: Therapeutic Guidelines Antibiotic. Version eTG Complete 2014 available from the Therapeutic Guidelines Limited web site - [www.tg.com.au](http://www.tg.com.au)

<sup>2</sup>. Sexually Transmitted Diseases Treatment Guidelines 2015; MMWR 2015, 64 available from the Centers for Disease Control and Prevention web site - [www.cdc.gov](http://www.cdc.gov)