



Dear _____

Since I last saw you I've been told that I have Trichomonas. It's an infection that's passed on through sex. So, you might have this infection too.

Even if you don't have any symptoms you can still have the infection. The only way to be sure you are OK is to get tested and treated by your doctor. The treatment is easy and effective.

I've included a fact sheet on Trichomonas and a letter you can take along to your doctor. If you want to know more you can visit this website

www.letthemknow.org.au/partners.html

If you live in NSW call the **Sexual Health Infoline** on 1800 451 624 to speak to a sexual health nurse.

If you live in Queensland visit the **Queensland Department of Health Sexual Health**

Sorry to give you this news but I'm concerned about your health and I thought it was better that you knew.

Regards



Dear Doctor

A partner of your patient has had a positive test for *Trichomonas vaginalis*. We recommend that your patient is treated without delay, and that treatment for *Trichomonas vaginalis* is completed even if their test is negative. Testing for other STIs such as Chlamydia, gonorrhoea, syphilis and HIV may also be indicated.

The current recommendations for treatment of uncomplicated *Trichomonas vaginalis* are

- Metronidazole 2 g orally in a single dose^{1,2}

OR

- Tinidazole 2 g orally in a single dose^{1,2}

Trichomonas vaginalis infection is often asymptomatic and there may be no abnormality found on examination.

A repeat test to exclude re-infection is recommended 3 months after treatment.

For more information you can contact a sexual health physician to discuss this infection or arrange for your patient to be tested.

For more information please visit www.mshc.org.au

If you live in NSW visit [Sexually Transmissible Infections \(STIs\) and Blood Borne Viruses \(BBVs\) Factsheets - NSW Department of Health](#) or ring the [NSW Sexual Health Infoline](#) on 1800 451 624.³

If you live in Qld visit [Qld Department of Health Sexual Health Website](#)

¹ State of Victoria: Therapeutic Guidelines Antibiotic. Version eTG Complete 2014 available from the Therapeutic Guidelines Limited web site - www.tg.com.au

² Sexually Transmitted Diseases Treatment Guidelines 2015; MMWR 2015, 64 available from the Centers for Disease Control and Prevention web site - www.cdc.gov