



Dear _____

This letter has been sent to you because someone you have had sex with has Trichomonas.

Trichomonas is an infection that is passed from one person to another through sexual contact.

You can have Trichomonas even though you don't have any symptoms. The only way to find out is to be tested by a doctor.

Trichomonas is easily treated and we suggest you have the treatment even if your test shows you don't have the infection.

We have attached a fact sheet on Trichomonas and a letter you can take to your doctor.

If you would like to know more, you can go to *website* www.letthemknow.org.au

If you live in NSW call the **Sexual Health Infoline** on 1800 451 624 to speak to a sexual health nurse.

If you live in Queensland visit the **Queensland Department of Health Sexual Health**

Regards

Let Them Know
Melbourne Sexual Health Centre
(a service of The Alfred Hospital, Melbourne.
Supported by the NSW STI Programs Unit)



Dear Doctor

A partner of your patient has had a positive test for *Trichomonas vaginalis*. We recommend that your patient is treated without delay, and that treatment for *Trichomonas vaginalis* is completed even if their test is negative. Testing for other STIs such as Chlamydia, gonorrhoea, syphilis and HIV may also be indicated.

The current recommendations for treatment of uncomplicated *Trichomonas vaginalis* are

- Metronidazole 2 g orally in a single dose^{1,2}

OR

- Tinidazole 2 g orally in a single dose^{1,2}

Trichomonas vaginalis infection is often asymptomatic and there may be no abnormality found on examination.

A repeat test to exclude re-infection is recommended 3 months after treatment.

For more information you can contact a sexual health physician to discuss this infection or arrange for your patient to be tested.

For more information please visit www.mshc.org.au

If you live in NSW visit [Sexually Transmissible Infections \(STIs\) and Blood Borne Viruses \(BBVs\) Factsheets - NSW Department of Health](#) or ring the [NSW Sexual Health Infoline](#) on 1800 451 624.³

If you live in Qld visit [Qld Department of Health Sexual Health Website](#)

¹ State of Victoria: Therapeutic Guidelines Antibiotic. Version eTG Complete 2014 available from the Therapeutic Guidelines Limited web site - www.tg.com.au

² Sexually Transmitted Diseases Treatment Guidelines 2015; MMWR 2015, 64 available from the Centers for Disease Control and Prevention web site - www.cdc.gov